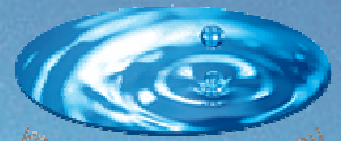
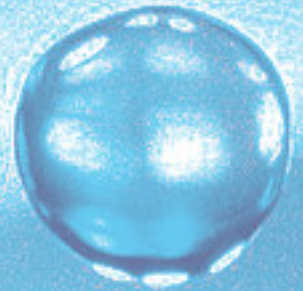


HUMAN
essence



Your potential awaits you

**therapy centre
and consulting
rooms**



...practitioners working from our centre provide services such as individual and group psychotherapy, psychology, gestalt therapy, career counselling and coaching, occupational therapy, speech pathology and outcome oriented hypnotherapy...

About Us

The Human Essence Therapy Centre is a place where practitioners can provide their services to clients. It is located at 93A Errol St, North Melbourne



Services offered by practitioners working from the centre include psychotherapy, psychology, gestalt therapy, career counselling and coaching, speech pathology, occupational therapy and outcome oriented hypnotherapy.

We also offer casual use consulting rooms using an online booking system.

Services

Practitioners using our centre offer:

Personal Therapy & Counselling

- Psychotherapy
- Psychology
- Counselling
- Occupational Therapy
- Career Counselling & Coaching
- Speech Pathology
- Therapy Groups
- Hypnotherapy
- Workshop Design

Personal Coaching & Mentoring

- Personal Career Strategies - Assessment, goal setting & coaching
- Work-Life Balance Strategies - Assessment, prioritising, coaching
- Interview Coaching - Coaching for job interviews
- Leadership Mentoring - Skills assessment & coaching
- Assessment Centre Preparation - Personalised coaching

Assessment Tools

Some of our practitioners are accredited to use the following assessments:

- Emotional Intelligence - Mayer Salovey Caruso E.I. Test
- Personality Preference - Myer Briggs Type Indicator
- Life Values - Life Values Inventory
- Career Interests - Strong Interest Inventory
- Leadership - A combination of the above

Practitioners

The following practitioners operate from the Human Essence Therapy Centre & Consulting rooms. You can contact them using the details shown below:

Peter Holmes – 0419 502 064
Psychotherapist & Career Coach

Margaret Golder – 0419 004 037
Career Counsellor & Psychologist

David Mathes – 0407 073 802
Psychotherapist & Constellation Workshops

Sue Harrison – 03 9376 9122
Mental Health Consultant

Judith Minster – 0417 321 684
Counsellor & Psychotherapist

Kim Bamford – 0433 346 213
Counselling & Psychotherapy

Paula Ferrari – 0427 058 564
Speech Pathologist

Margo Field – 0407 700 353
Hypnotherapy Practitioner

Simon Lush – 0432 889 098
Psychologist

Judith Cogle – 0411 701 182
Psychologist & Career Counsellor

Nicole Renaud – 0438 682 697
Psychotherapist & Gestalt Therapist

Sam McDonald – 03 5222 5072
Psychotherapist

Jane Brick – 0433 600 779
Family Therapist

Dee McClelland – 0416 305 193
"Results" Business/Life Coach

Dr Bridget Bassilios – 0403 662 061
Registered Psychologist
(Clinical Psychology)

Nadia Boscaglia – 0412 556 733
Registered Psychologist

David R. Collins – 0401 029 881
Clinical Psychologist

Mark Gordon – 0408 535 812
Narrative Counselling & Training